

Rotary Run for Mikinduri



Rotary Run for Mikinduri

sponsored by



Start Line Team

Members:

- John Stakel: *Captain*
- Stewart Macintosh: *Guard*
- Jo-Anne White: *Guard Help*
- Angus MacIsaac: *Guard Help*
- Karen Mair: *Host*
- Ted Grant: *Charity*
- Heather Dickie: *5K Sweep*
- Mary Lou MacFarlane: *15K Sweep*

Responsibilities:

- Organize runners SAFELY at start line, coordinating road closure with fire department, RCMP and/or DOT flaggers
- Welcome everyone to race
- Brief runners on course, note that this is an open course, note to run on the left (with the exception of large right shoulder on Stratford), note to always beware through intersections, note how to finish at final intersections/street crossings
- Start Race, with Sweeps taking position at the end of each distance
- Sweeps will carry cell phone and communication sheet (lanyard), as well as some running vest or other identifying mark
- Immediately set out pylons along side of run for finish chute
- Prepare final road crossing on 5K for traffic control
- Sweeps will call race official, should any runners have issues or need to drop
- Sweeps will let guides, guards and stations know that there are no runners behind, so these volunteers can pack up and leave

Schedule:

- 8:30 AM: Arrive @ Metro and take lanyards
- 8:45 AM: Coordinate with fire department, RCMP and/or DOT flaggers on closing Kinlock for race start
- 8:50 AM: Host welcomes runners to race and fires them up, with brief word on charity
- 8:53 AM: Race Director gives course discussion
- 8:59 AM: Host lines up runners
- 9:00 AM: Start race, Sweeps take last position
- 9:02 AM: Set up pylons for finish line chute from intersection of Stratford and Kinlock to Home Hardware and finish line

Materials:

- *Communication:* Lanyard; cell phone whose number is noted on lanyard
- *Setup:* Megaphone; Air horn; box or dais to stand on
- *Timing:* Stopwatches; Race clock
- *Sweeps:* 2 Running vests

THANK YOU!!

<http://running.stratfordrotary.com>

Rotary Club of Stratford

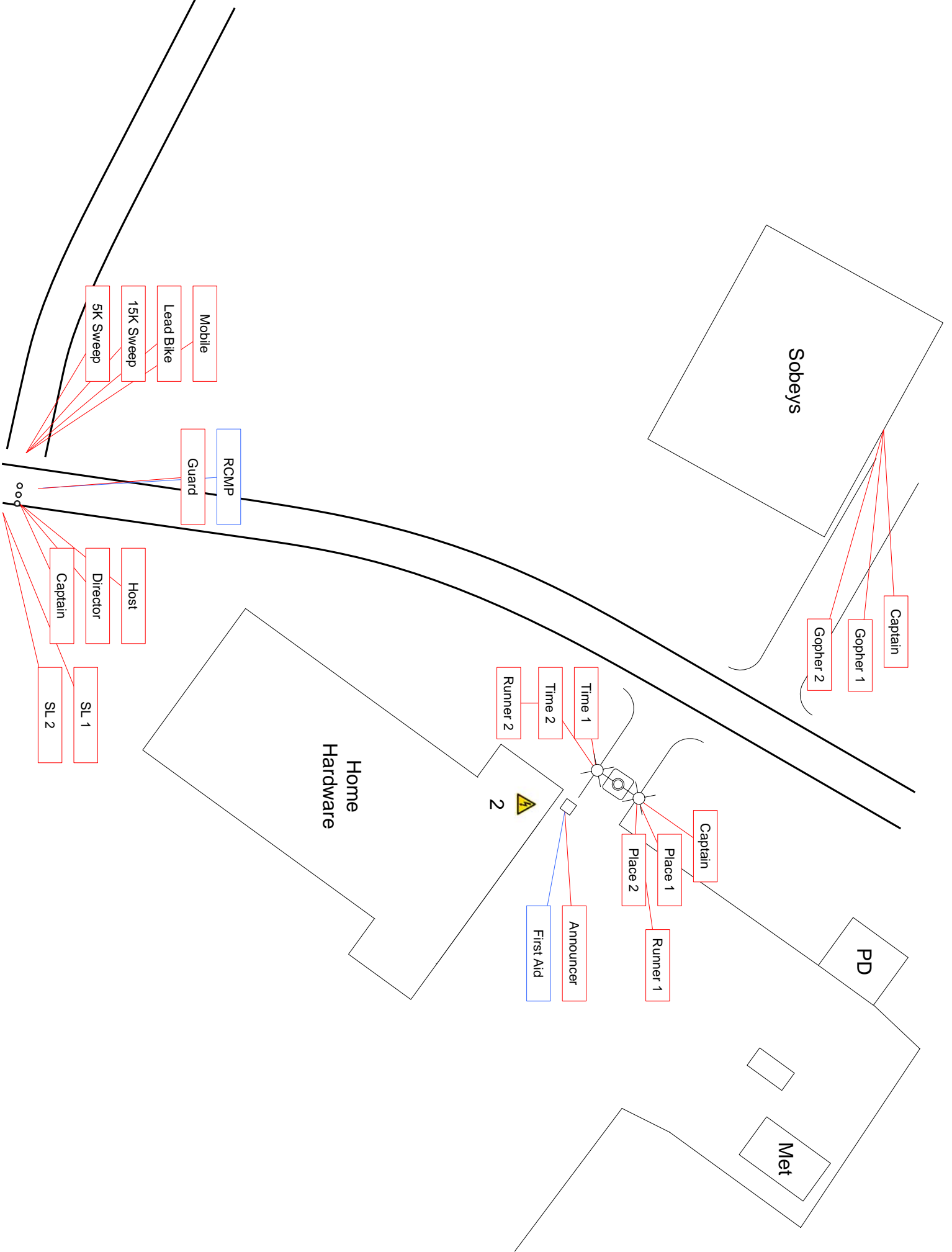


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METRO



5K Route, with cones, signs and traffic control

